CICLO | STUDIO

Everything CicloStudio does for trainers

A guide for instructors — what the platform takes off your plate, and what it hands you instead.

THE JOB

What your qualification prepares you for

An enjoyable ride

Every rider leaves having had a great experience.

A safe room

Set-up, technique and intensity, managed for everyone.

A fully inclusive class

Any rider, any level, in the same session.

Accredited indoor cycle qualifications cover every part of that brief.

WHAT IT DOESN'T COVER

None of it is about the technology

Power and metric data

FTP, watts, zones — not in the syllabus.

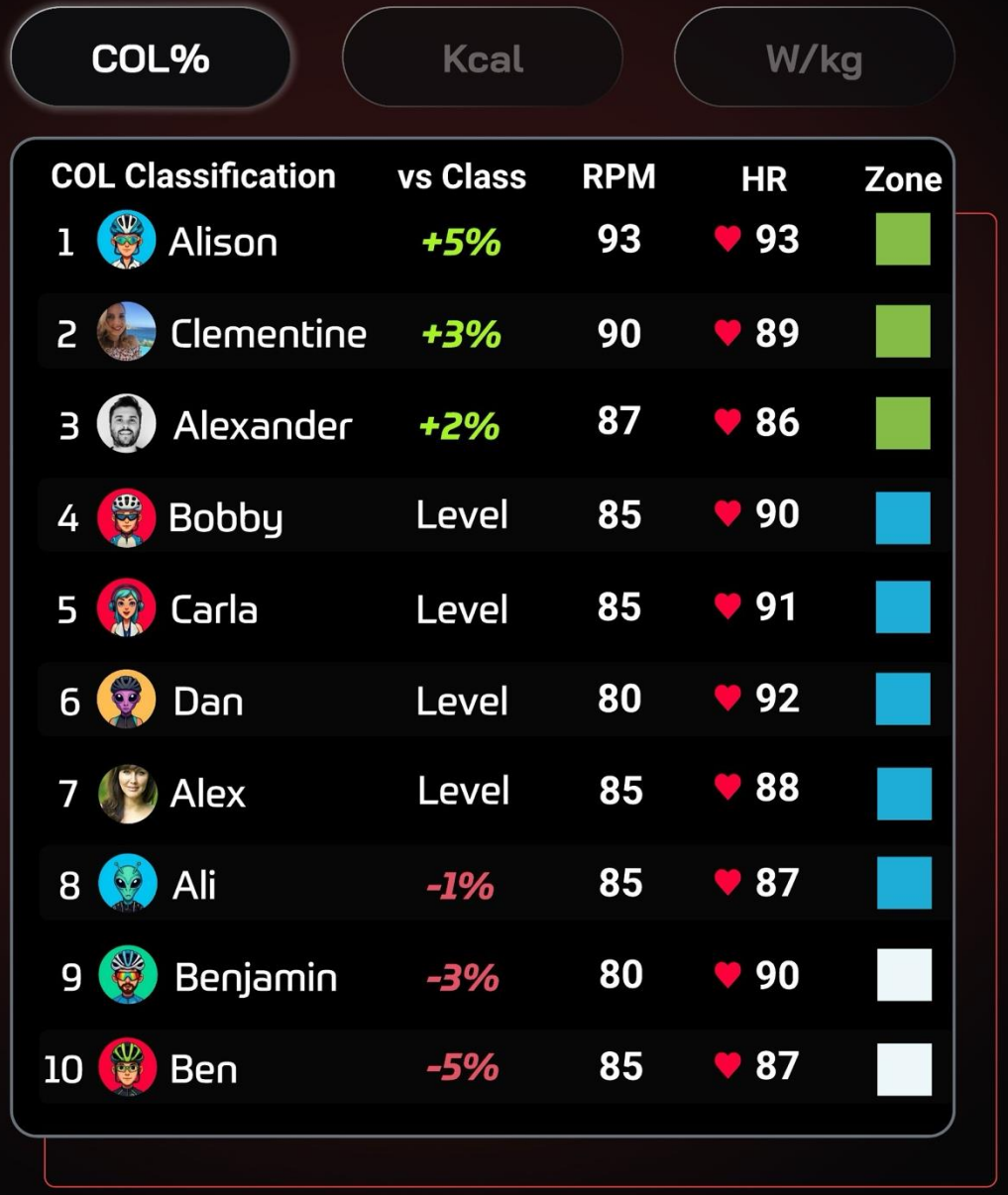
Screens and connectivity

Pairing bikes, driving displays, fixing drop-outs.

Connected cycling systems

Profiles, leaderboards, live class data.

No indoor cycle qualification supports this. It was never meant to.



AND YET

Add lighting, big screens and connected bikes — and it's a world-class session

But it all lands on you

Running the screen. Managing the lighting. Keeping the bikes connected. Cueing the music — and teaching the class.

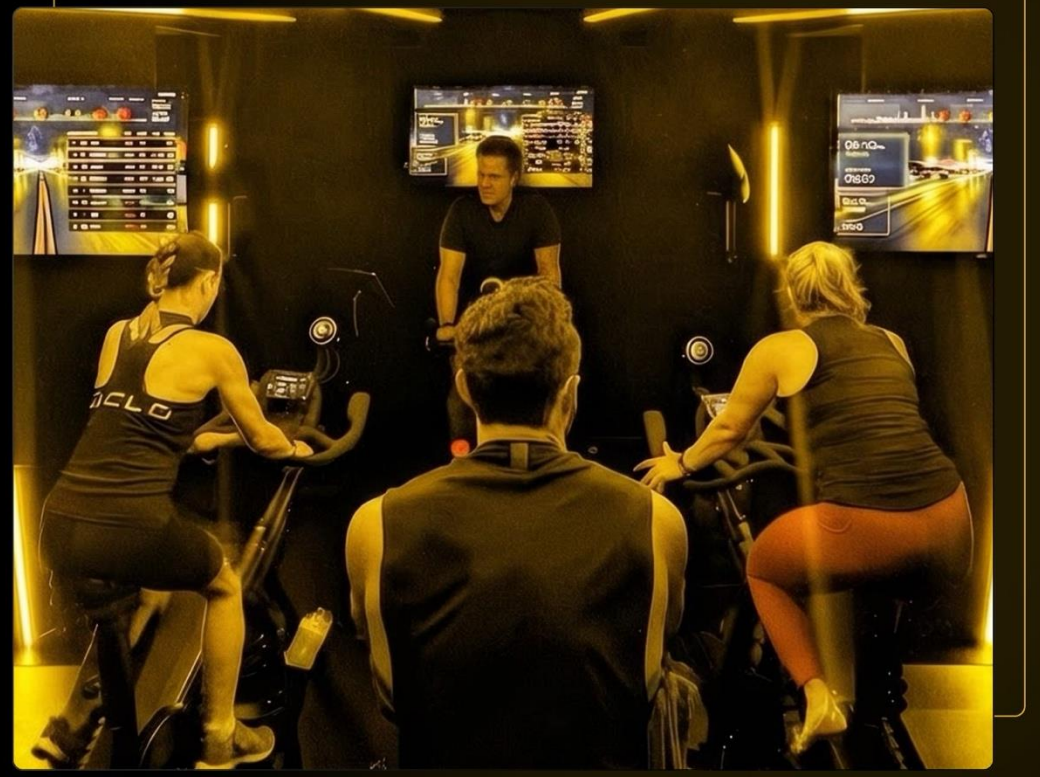
Gamepad

Laptop

Lighting desk

Aux cable

Enormous responsibility on the instructor — on top of delivering a great class.

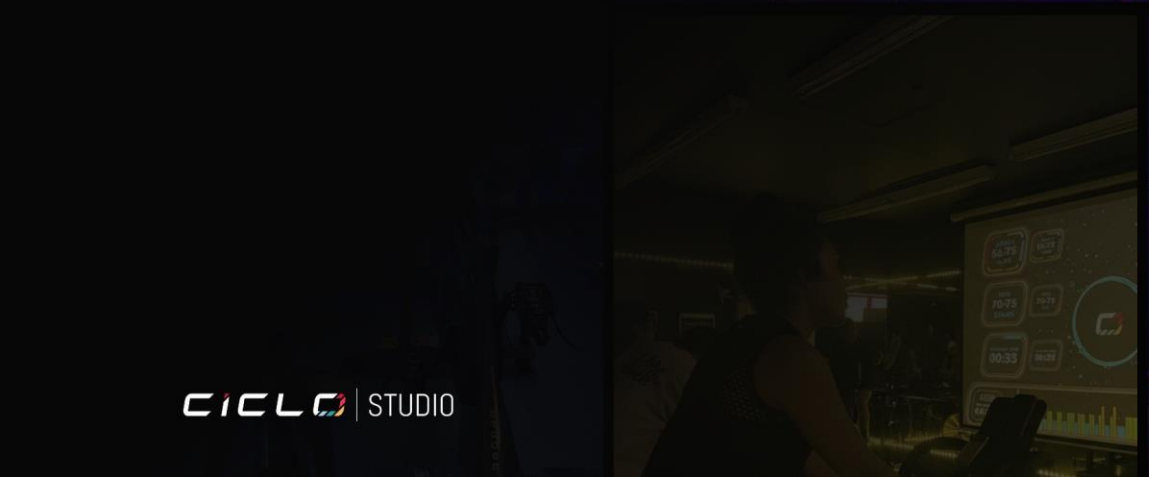


UNTIL NOW

Ciclo takes that responsibility.

The screen, the lighting, the data and the music run themselves.

You do what you were trained to do — coach the room.



Everyone working equally hard

The dials

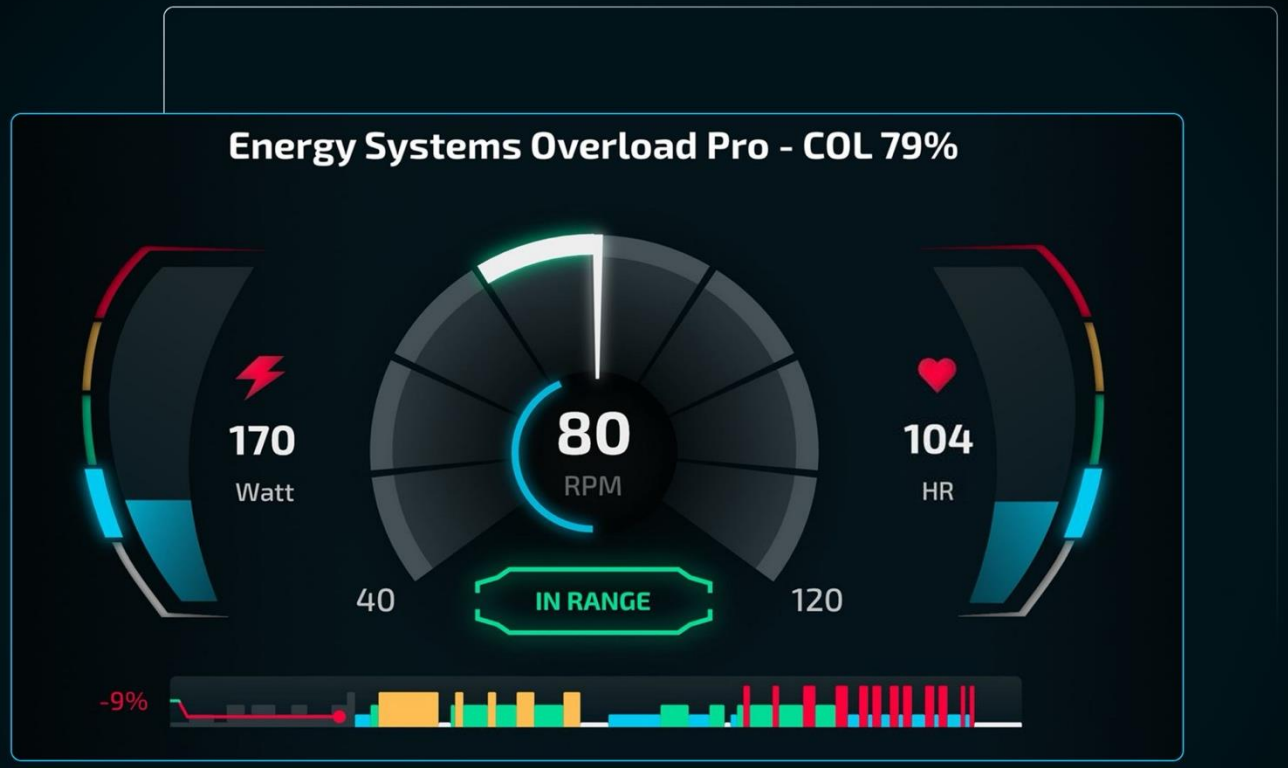
Zone, RPM range, seated or standing, time left.

The profiler

The whole class laid out — what's done, what's coming.

The scene

Pick the ride world per class. Seven to choose from.



Your studio's week, in one place

Build the team

Every instructor invited once. No per-seat charge.

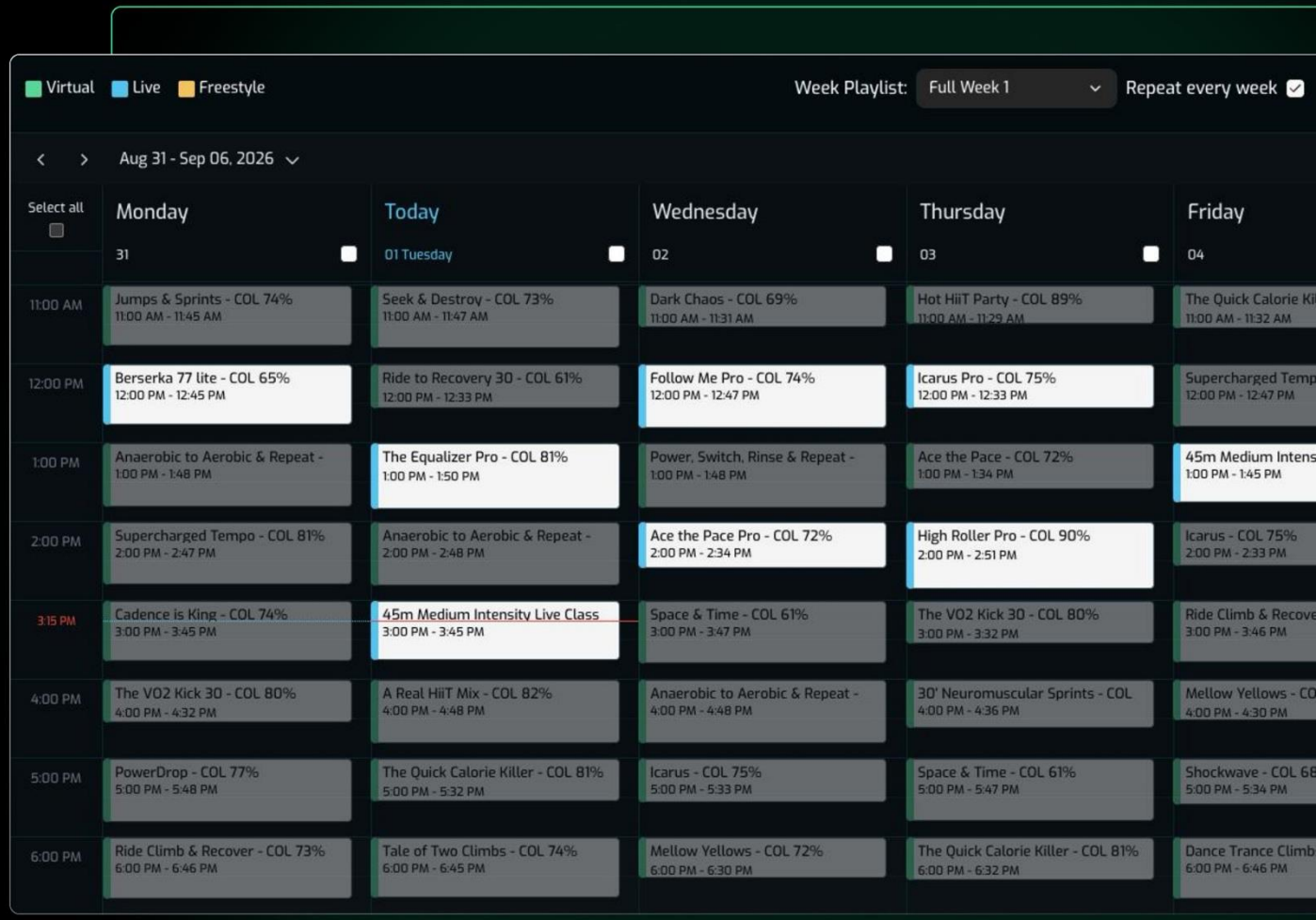
Access permissions

Choose, Schedule, Build, Upload, Learn, Billing, Admin.

Teach at several studios

One account. Each studio sets what you can do there.

Add yourself as trainer on the class — that unlocks your controls.



CHOOSING A CLASS

The library, and what to pick from it

Pre-profiled classes

Built, timed and music-matched. Walk in and teach.

Freestyle 'Rhythm' classes

No profile. You call every zone and RPM, live.

COL% is the difficulty

65–72% is an easy ride. 80%+ is high performance.

Add yourself as trainer on the class — that unlocks your controls.

BEFORE THE START

Start when the room's ready

Connected waiting room

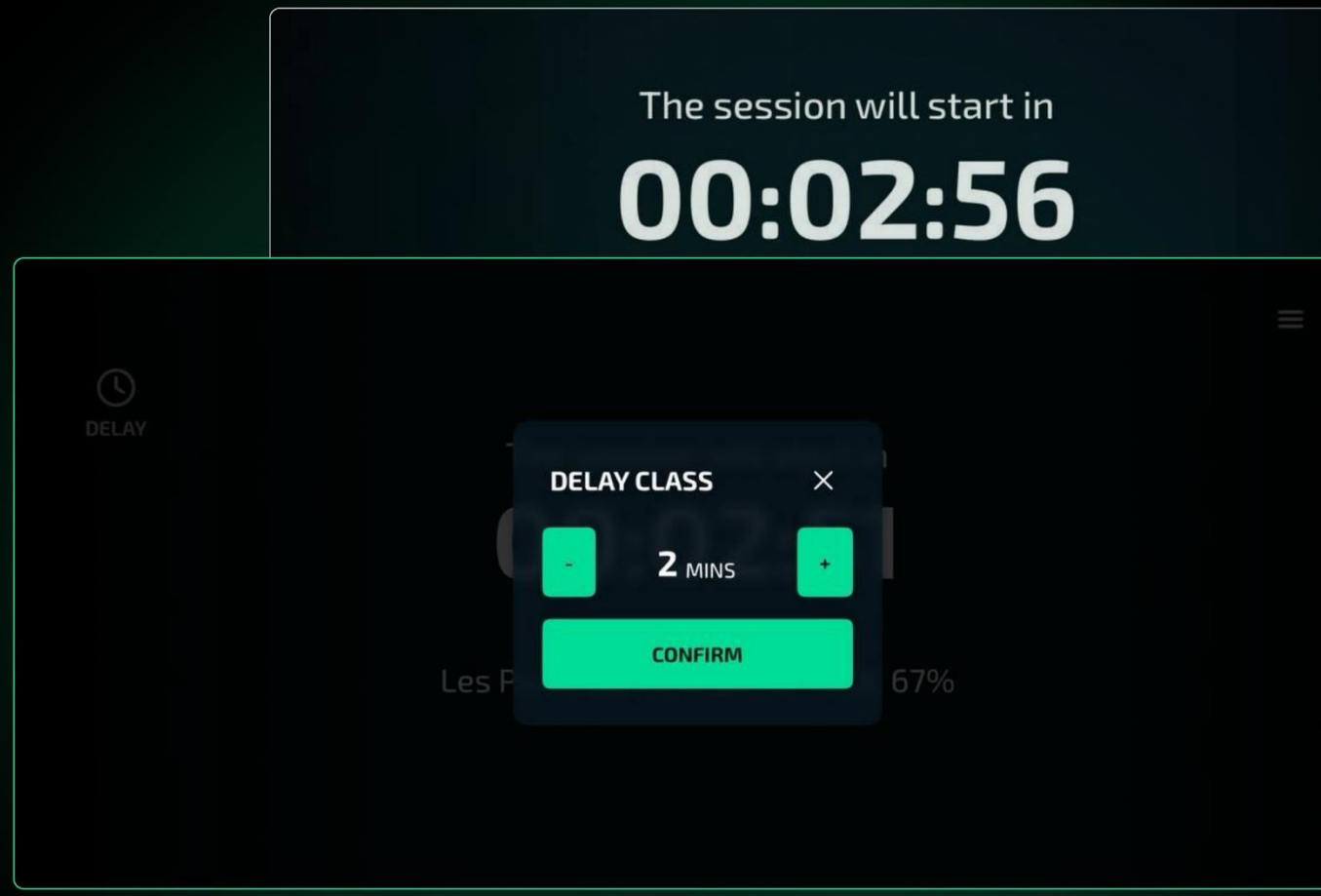
See who's paired and on a bike before you begin.

Delay the class

Push the start back by up to five minutes. One tap.

Nobody starts behind

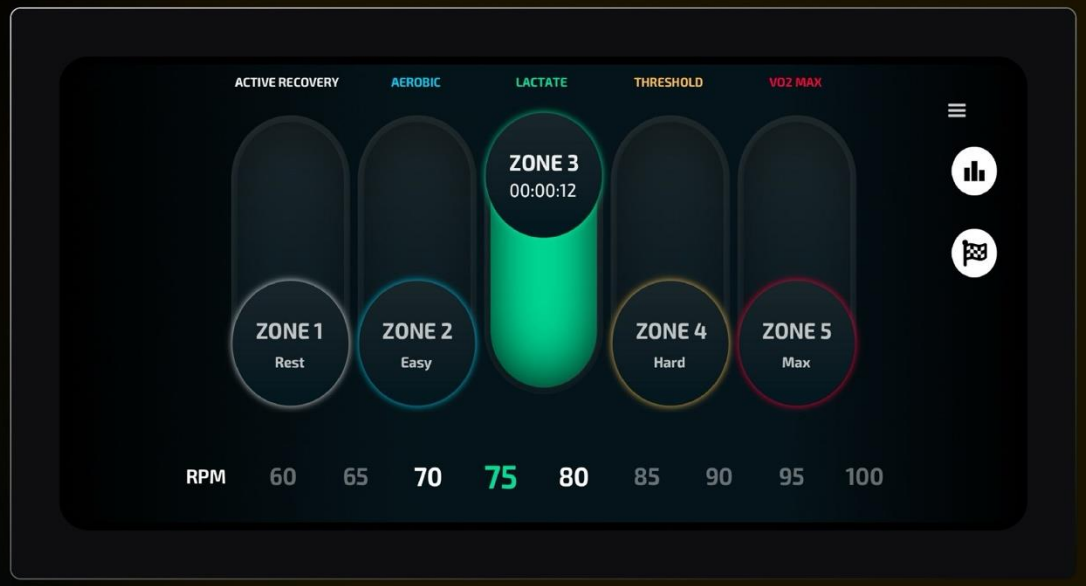
Nobody starts behind



Everything you need, in one hand

Profiled class

Change the metric. Fire a challenge when the room needs a lift.



Freestyle class

Toggle the zone, tap the RPM. Dials change instantly.

CLASS BUILDER

Build the ride you hear in your head

Your music, or ours

Import your own, or pull from the licensed Ciclo library.

Playmix, auto-crossfade

Tracks blend automatically. Set zone, position and RPM.

Save it once, teach it forever

Add a description and trainer info. Replay it endlessly.

Unlimited content creation for every instructor. Spotify integration is coming.

ADAPTIVE FTP

No testing. Ever.

Mandatory on the first class

Every new rider is validated during a normal ride.

Optional on any class after

Riders switch it on whenever they want to re-check.

The power profile stays honest

An accurate FTP without ever giving up a class for it.

LIGHTING CONTROL

The room changes colour with the zone

Totally automated

Nothing to cue, nothing to operate. It follows the class.

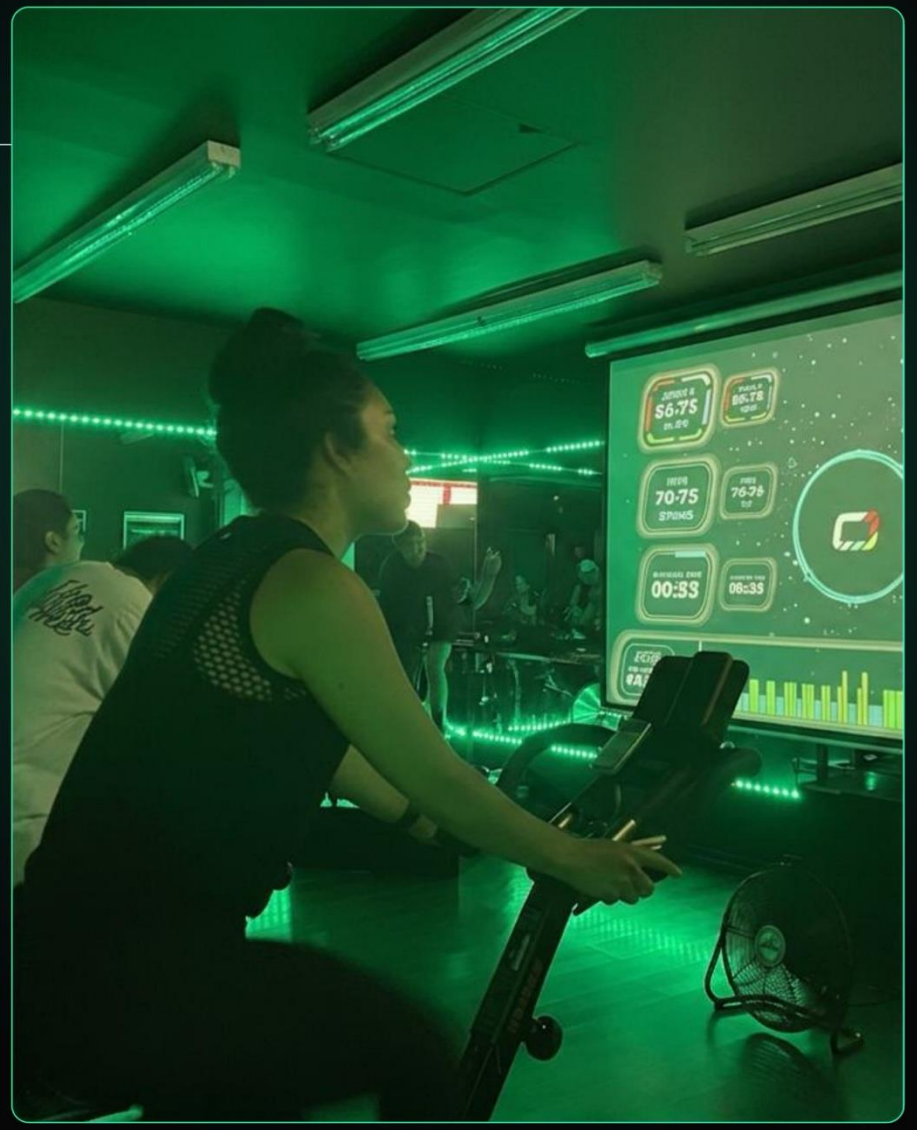
Zone colour across the studio

The same colour your riders see on their dials.

Total immersion

Riders feel the interval before they look down.

Automatic in studios with the DMX lighting add-on installed.



*Automatic in studios with the DMX lighting add-on installed.

WHAT IT COMES DOWN TO

You teach.
Ciclo runs the rest.

The screen, the lighting, the data, the music — automatic.
Your job is the one you trained for.

Get in touch:

hello@ciclozone.com

Get the CicloZone app on your device:

Download